

Tobacco Cessation NRT Adult Poster

English	Indigenous Language
Want to quit smoking?	Ts'ée't'úu ghánohndi enedhe ?
Looking to talk to someone about a friend's tobacco use?	Nets'aní ts'ée't'úu t'áá at'í gots'eh dene híe ts'egundeh enedhe ?
Give the NWT Quitline a call!	Góhdli Ndeh godj ts'ée't'úu gháts'undi ts'enidhe énidé gots'é gundeh!
Our friendly Care Coaches are available right now to help you or someone you care about quit smoking!	Amii gots'agendi la, dene ts'é genezu, ezhií t'ah káa dúle nets'agendi íle énidé amii meghoñneto káa dúle mets'ehk'eh gots'é gundeh.
The NWT Quitline is open 24 hours a day, 7 days a week. All calls are private and confidential	Góhdli Ndeh godj ts'ée't'úu met'ah ahsii t'ini gúli megháts'undi ts'enidhe énidé dze ghaádé met'ah gots'endeh táondih ts'ehkeh dene híe goghá theda ot'e gots'eh híe dáedze, táhdj dze ts'é dene híe goghá theda ot'e. Gots'é gáhnkeh énidé dúye dene gondaa kagedi gháílee.
Our Care Coaches are:	Amii gots'agendi la :
Friendly, experienced health care professionals trained to help people overcome addictions.	Dene ts'é genezu, náidík'éozho ts'ehk'eh nezu, gogháneto, ededí ghá amii ts'ée't'úu met'ah ahsii t'ini gúli síi megháondí enidhe énidé káa dúle gots'agendi.
Able to answer all of your questions about tobacco.	K'endah ts'ée't'úu ts'ehk'eh dagoduñke énedhe énidé káa dúle nets'agendi.
Waiting to help you put together a plan to quit smoking.	Ts'ée't'úu ghánohndi énedhe énidé nedahgíh'í ghágit'e t'ah, menandah ahsii t'ah nets'agendi ghá.
Able to call you back with support whenever you think you'll need it.	Daededhaa ní sets'agundi enedhe énidé, t'áá nets'é gogendeh ghá.
Call anytime in any language	Kiozhii káa enedhe énidé ne zhatie t'ah gots'é gundeh.
Our toll-free NWT Quitline, at 1-866-286-5099, is open 24/7 with trained counsellors waiting to help you.	Góhdli Ndeh godj ts'ée't'úu ghánohndi enedhe énidé gots'é edihú, ezhií la 1-866-286-5099 ot'e. Amii nezu dene ts'agendi ghá gogháoneto síi táondih goghá gedehth'I ghágit'e.
Our Care Coaches can speak with you in English or French. You can also call to request translating services in all of the NWT's official languages.	Amii gots'agendi la káa dúle mo'la k'éé'íle énidé mólasot'é t'ah nets'é gogendeh. Góhdli Ndeh ts'ehk'eh dene goghá gedehth'I ghágit'e t'ah, ne zhatie t'ah guhndeh enedhe énidé gots'é gundeh.